

5K Run & Walk!

Raising Funds for Homeless & Community Charities

GOAL: \$20,000.00

PALISADES LUTHERAN CHURCH ("PLC")

15905 Sunset Blvd, Pacific Palisades

October 15, 2022

9:00 AM

5K Run/Walk Entry fees:

- Student Fee: \$20
- Everyone Else: \$30 By 9/24/2022
- Or, after 9/24/2022: \$35.00

Age groups: 12 and under, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-70, 71-80, 81 and over

AWARDS & Ceremony: Will be given to overall M/F winners, and top two (2) M/F age group winners. Ceremony and beer in the PLC courtyard at 10:30 AM.

TWO Ways for YOUR Charity to Win!

(See back page for details.)

Make Checks Payable to: "PLC 5K Race"



Palisades Lutheran
2nd Annual

5k Charity Run & Walk

Saturday Oct. 15, 2022

SELECT A CHARITY OF CHOICE: _____

(i.e., Palisades Lutheran Church, YMCA, Claris Health, etc.)

PLC is raising funds for a VAN for a homeless person. If you would like to donate for the homeless and community charities please include an amount with your registration fee. (Make checks payable to: "PLC 5K Race". Mail to: 15905 Sunset Blvd., Pacific Palisades, CA 90272.)

Name _____

Address _____

Phone _____

E-Mail Address _____

T-shirt Size: S M L XL

Signature _____ Date _____

YS YM YL

Signature of parent or guardian if under 18 years of age. _____ Date _____

Sex

Age on race day

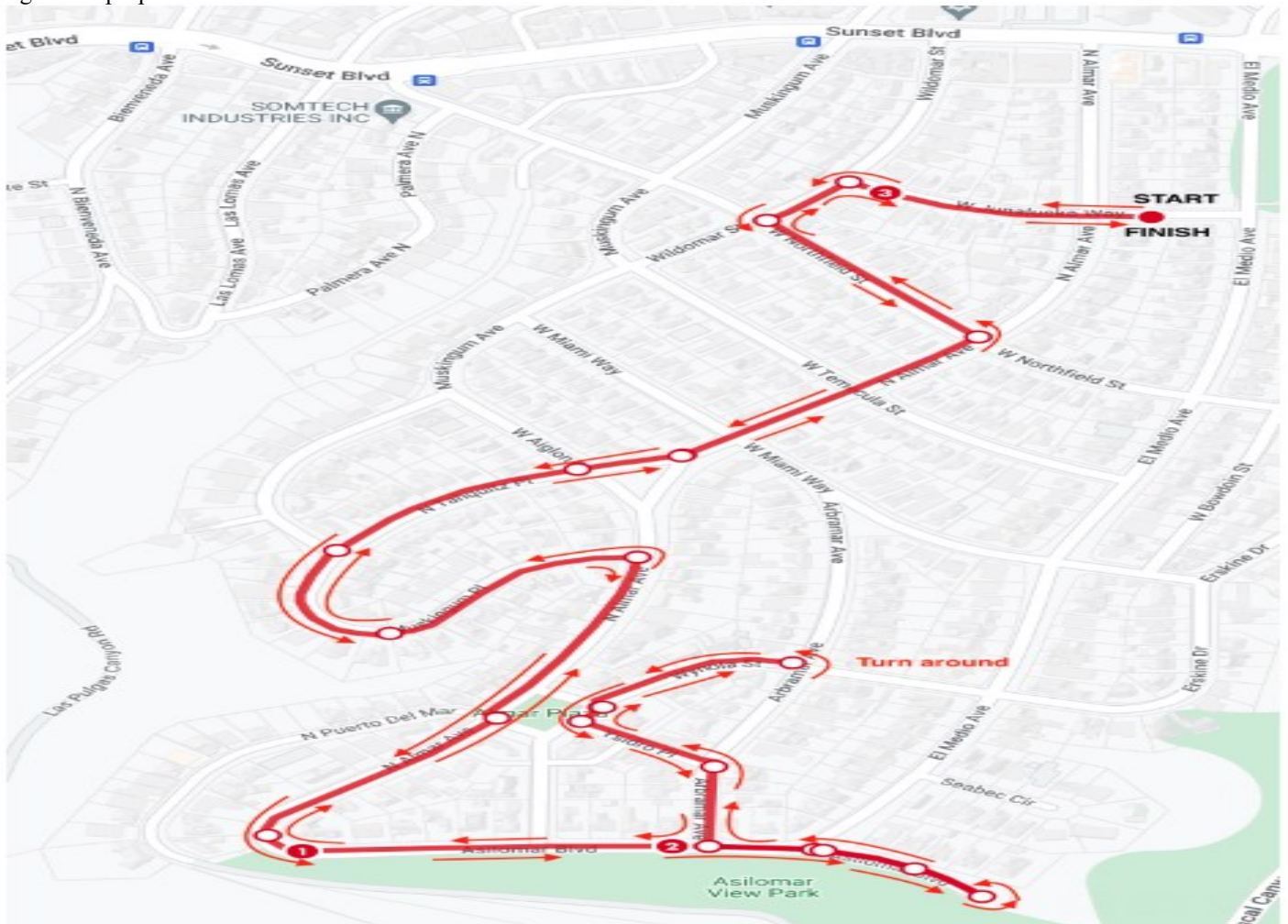
THANKYOU! RUN-WALK WELL! HAVE FUN!

TWO Ways for YOUR Charity to Win!

#1—Group Participation Award: The Three charities with the most number of runners and walkers listing them as their “Charity of Choice” will receive a share of the 5K Oktoberfest proceeds: **1st Place—Twenty (20%)** percent of proceeds; **2nd Place—Fifteen (15%)** percent of proceeds; and, **3rd Place—Ten (10%)** percent of proceeds.

#2—Random Drawing Award: All runners and walkers listing a “Charity of Choice” recipient on their registration form will participate in a random drawing. If selected your charity will receive **five (5%)** of the proceeds.

Waiver: In consideration of accepting my entry I, the undersigned, intending to be legally bound, do hereby for myself, my heirs, and executors waive and release forever, all claims for damages that I may have against the sponsors, including but not limited to race officials, Palisades Lutheran Church and any person or entity associated with this event for any and all injuries suffered by me in this run/walk accordingly. I grant permission to all forgoing to use any photograph, recording or any other record of this event for any legitimate purpose.



Palisades Lutheran—Oktoberfest 5K Charity Run/Walk & Map
Saturday, October 15, 2022—RACE START: 9:00 AM
Street Closure—No Parking Times: 9:00 A.M. to 10:30 AM

Post Race Community Oktoberfest @ PLC Courtyard 15905 Sunset Blvd.
—Live Music—German Food—Beer Garden—Dancing— Games
4 PM– 7 PM

Palisades Lutheran 310.459.2358 Tickets & Registration @ www.plc.cc